

Course Title	Programme	BSSW	Course Code	ISWf-112	Credit Hours	2
	Introduction to Social Welfare					
Course Introduction						
<p>This course is designed to provide students with a foundational understanding of Social Welfare as an academic discipline and a practice-based profession. It explores the field of Social Welfare within the broader context of social sciences, focusing on addressing social problems and developing effective interventions. The course covers the essential principles, methods, and historical development of Social Welfare, emphasizing their importance in meeting the needs and challenges of various societal groups. Additionally, it explores contemporary trends, ethical considerations, and the role of Social Work in promoting social justice and human rights.</p>						
Learning Outcomes						
<p>On the completion of the course, the students will:</p> <ol style="list-style-type: none"> 1. Understand fundamental principles and ethical foundations of Social Work and Social Welfare. 2. Apply diverse methods of social work practice to address contemporary societal challenges. 3. Analyze historical and current trends in Social Welfare, including policy impacts. 4. Integrate multidisciplinary approaches for holistic social work interventions. 5. Critically evaluate social welfare structures, policies, and their effectiveness in promoting social justice. 						
Course Content						
Week 1	Unit-I <ol style="list-style-type: none"> 1. Introduction to Social Work <ol style="list-style-type: none"> 1. Definition and scope of social work 2. Philosophical and ethical foundations 					
Week 2	Unit-II <ol style="list-style-type: none"> 1. Basic Principles of Social Work <ol style="list-style-type: none"> 1. Basic principles of social work 2. Professional and voluntary social work 					
Week 3	Unit-III <ol style="list-style-type: none"> 1. Islamic Perspective on Social Work 					

	<ol style="list-style-type: none"> 1. Islamic perspective on social work 2. Contemporary challenges and opportunities in social work
Week 4	<p>Unit-IV</p> <ol style="list-style-type: none"> 1. Modern Concepts in Social Work <ol style="list-style-type: none"> 1. Preventive approaches 2. Curative interventions 3. Rehabilitative strategies 4. Empowerment and advocacy 5. Sustainable development goals and social work
Week 5	<p>Unit-V</p> <ol style="list-style-type: none"> a. Social Work Methods <ol style="list-style-type: none"> i. Social Case Work ii. Social Group Work iii. Community Organization and Development iv. Social Research v. Social Welfare Management (Administration) vi. Social Action vii. Policy Practice and Analysis
Week 6	Mid-Term Exam
Week 7	<p>Unit-VI</p> <ol style="list-style-type: none"> 1. Fields of Social Work Practice <ol style="list-style-type: none"> 1. Child Welfare and Protection 2. Healthcare and Medical Social Work 3. Mental Health and Psychiatric Social Work 4. School Social Work 5. Gerontology and Elder Care 6. Correctional Social Work 7. Disaster Management and Humanitarian Aid
Week 8	<p>Unit-VII</p> <ol style="list-style-type: none"> 1. Concepts and Definitions in Social Welfare

	<ol style="list-style-type: none"> 1. Functional definitions 2. Descriptive definitions 3. Comparative analysis of social welfare concepts
Week 9	Unit-VIII <ol style="list-style-type: none"> 1. Relationship between Social Welfare and Social Work <ol style="list-style-type: none"> 1. Interdependence and distinctions 2. Collaborative models of practice
Week 10	Unit-IX <ol style="list-style-type: none"> 1. Historical Development of Social Welfare in Pakistan <ol style="list-style-type: none"> 1. Colonial period and early initiatives 2. Post-independence developments 3. Evolution of social welfare policies
Week 11	Unit-X <ol style="list-style-type: none"> 1. National Social Welfare Policies in Pakistan <ol style="list-style-type: none"> 1. Social welfare plans of 1955, 1988, and 1992 2. Social welfare policy of 1994 3. Contemporary social protection nets and programs 4. Critical evaluation of current policies
Week 12	Final Term Exam
Textbooks and Reading Material	
<ol style="list-style-type: none"> 1. Kirst-Ashman, K. K. (2017). <i>Introduction to social work and social welfare: critical thinking perspectives</i>. Boston: Cengage learning. 2. Zastrow, C.H. (2013). <i>The practice of social work: a comprehensive worktext</i>. Belmont: Cengage learning. <p><i>Suggested Readings</i></p> <ol style="list-style-type: none"> 1. Baldock, J. et al. (2003). <i>Social policy</i>. Oxford: Oxford University Press. 2. Blau, J & Abromovitz, M. (2010). <i>Dynamics of social welfare policy</i>. New York: Oxford University Press. 3. Rahmatullah, S. (2000). <i>Social welfare in Pakistan</i>. Karachi: Oxford University Press. 	